

# DR. LISA MARSLAND

BA(Hons), MSc, D Clin Psych, C Psychol, AFBPsS

CLINICAL PSYCHOLOGIST

CURRICULUM VITAE



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**Qualifications**

BA (Hons) Fine Art and Psychology	Liverpool University	2001
Certificate in Person Centred Counselling	Centre for Counselling	2001
MA Developmental Psychology	Lancaster University	2003
Doctorate in Clinical Psychology	University of Newcastle Upon Tyne	2006
Chartered Clinical Psychologist	British Psychology Society	2007
Registered Expert Witness	British Psychology Society	2011

**Memberships**  
Registered Clinical Psychologist, Health Professions Council  
British Psychology Society  
Division of Clinical Psychology  
Association of Infant Mental Health

**Continuing Professional Development**

Psychodynamic Theory and Concepts	The Tavistock Clinic	2005
Family Therapy and Systemic Practice	3 N's NHS Trust	2006
Care Index Training	Pat Crittenden	2006
Child Protection Training	Alder Hey NHS Trust	2007
Incredible Years CWS Parenting Training	Incredible Years, CW Stratton	2008
Supervisor Training Programme	Liverpool University	2008
Attachment and Psychopathology	Pat Crittenden	2010
Mellow Parenting	Mellow Parenting Organisation	2010

**Expert Witness Training**  
Accredited Expert Witness Training:  
'Excellence in Report Writing Skills'  
and 'Courtroom Skills Training'

Cardiff University/Bond Solon	2011
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**Employment History**

Independent Chartered Clinical Psychologist	Oct 2008 to present
Independent Expert Witness	March 2011 to present
Alder Hey NHS Trust, Chartered Clinical Psychologist	April 2007 to March 2011
Warrington Borough Council, Clinical Psychologist	Sept 2006 to Jan 2007

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## Relevant Experience    **Clinical Skills and Experience**

I am a Chartered and Registered Clinical Psychologist and I am specialised in working with Infants, children, adolescents and their families. For 10 years I worked with children and families in CAMHS, in the NHS. I have worked extensively with Schools carrying out cognitive/educational assessments and supporting children's emotional well-being and behavioural needs in their school setting. During my career as a Clinical Psychologist I have worked with infants, children, adolescents and families with a wide range of difficulties and needs, including: children with social, emotional, behavioural and educational problems, children and parents who have suffered trauma, parents with complex mental health problems, families where there are safeguarding issues and concerns.

I am the founder and director of MH Child and Family Psychology, my own private practice which provides psychological assessments (Individual/Family/Parenting, attachment, trauma, cognitive/educational) and therapeutic interventions to children and families across the North West of the UK. I offer consultation, supervision and training to statutory/non-statutory organisations in Liverpool and across the UK. I am also in the process of setting up my own Social Enterprise in the field of Early Intervention and Parent-Infant Mental Health called 'Building Bonds'.

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## **Specialist Field and Interest**

My specialist field of work and interest lies predominantly in the assessment of the parent-infant/child attachment relationship and offering attachment-focused interventions that can support and enhance these key relationships. I believe that the model of attachment offers many benefits in the area of 'Prevention/Early Intervention'. From my training and experience in assessing attachment and using measures such as the Care Index which assesses parent-Infant/child attachment, I have become passionate about supporting these key relationships in infancy. I believe that 'only by supporting these attachment relationships that real change can occur both in a parents and a child's life'.

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## **Building Bonds: Early Intervention & Parent-Infant Mental Health Service**

'Building Bonds' is an 'early intervention/prevention-based Social Enterprise which offers attachment-focused therapeutic assessment, support and intervention to parents who may be having difficulties bonding with their baby, parents with mental health problems and/or who may be considered at risk of poor parenting and developing an insecure attachment with their Infant/child.

The core aim of Building Bonds is to improve the parent-Infant Relationship and parents and infants' mental health and well-being. The main objectives are to 1) increase secure attachment between parent and infant, 2) increase parental sensitivity and responsiveness and 3) enhance parents' ability to 'hold their baby in mind' and be more 'in tune' with their baby and the baby's needs.

'Building Bonds' is a cost and clinically effective Parent-Infant Mental Health Intervention which can offer great benefits to the parent-infant attachment relationship and to the mental health of the parent and future wellbeing of the Infant who may also one day become a parent themselves.

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## **Legal/Expert Witness Work**

At present I provide Medico-Legal Reports for Family Courts across the UK and Ireland. My Medico-Legal Service 'MH Child & Family Associates' offers comprehensive assessments of the psychological well-being of infants, children, adolescents and their attachment relationships with the adults involved in their care on behalf of social services departments, parents, guardians, solicitors and professional carers.

As an Expert Witness I am specialising more & more and developing 'my own niche' in the area of 'Attachment' in carrying out informative and comprehensive attachment assessments with infants, child, adolescents and their parents/families. In particular, carrying out attachment assessments with mothers and their babies and following advice and recommendations, offering 'the full package' and provide the attachment-focused therapeutic interventions and support infants/children and parents desperately need.

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## **Teaching & Training Sessions in the Area of Child and Family Psychology**

Please see below for the 'Menu of Teaching Sessions' I offer:

- Attachment Theory, Part 1: An Introduction
  - Attachment Theory, Part 2: Separation & Loss
  - Putting Attachment Theory Into Clinical Practice
  - Attachment Theory and The Contemporary Evidence Base
  - Understanding Attachment with Looked After Children
  - Educational and Cognitive Assessments of Children and Adolescents
  - Attachment and Brain Development
  - Attachment and Sleep Problems
  - Supporting Looked After Children with their Education & School
  - The Psychology of ADHD
  - Understanding Autistic Spectrum Disorders
  - Behaviour Problems in Childhood & Adolescence
  - Understanding Behaviour
  - Managing Behaviour
  - Raising Parenting: Trans-generational Patterns of Attachment, Trauma and Abuse
  - Child Development
  - Early Intervention & Making a Difference
  - Trauma: The Impact of Trauma on Attachment and Brain Development
  - The Solihull Approach
  - The 'Building Bonds Project': Building Positive Interaction & Attachment Between Parents & Infants
  - The Role of a Child Clinical Psychologist in CAMHS
  - Parental Mental Health: Society's Judgement and The Evidence Base
  - Parental Mental Health & The Impact on Parenting
  - The Importance of Supervision for Continuing Professional Development
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## **Work for Universities**

During my years as a Clinical Psychologist working for CAMHS, I enjoyed having a strong link and working relationship with the local Universities and D Clinical Psychology Programmes (In particular, Liverpool University). In addition to offering lectures and teaching, over the years I have also had an active role as a Clinical Supervisor and Mentor for Clinical Psychology Trainees. I enjoy supervising and mentoring Clinical Psychologists in training. I feel I have a great deal to offer as a Supervisor and in contributing towards the CPD of other Psychologists and Multi-Disciplinary Professionals.